

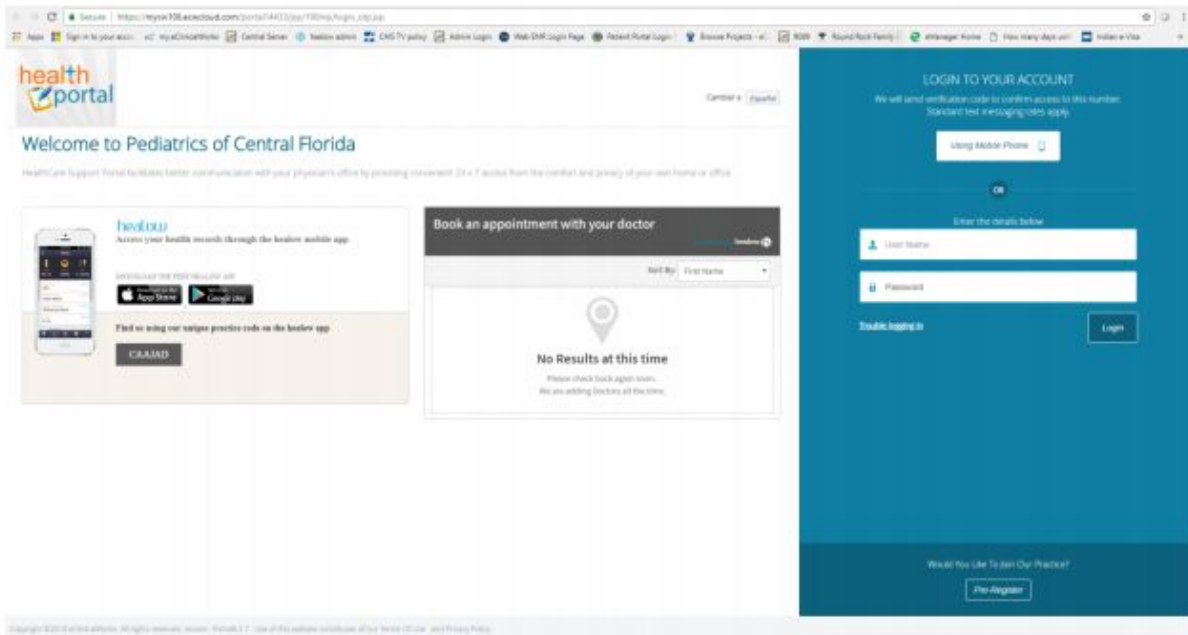
TeleVisit from the Patient Portal on your Desktop or Laptop

Requirements

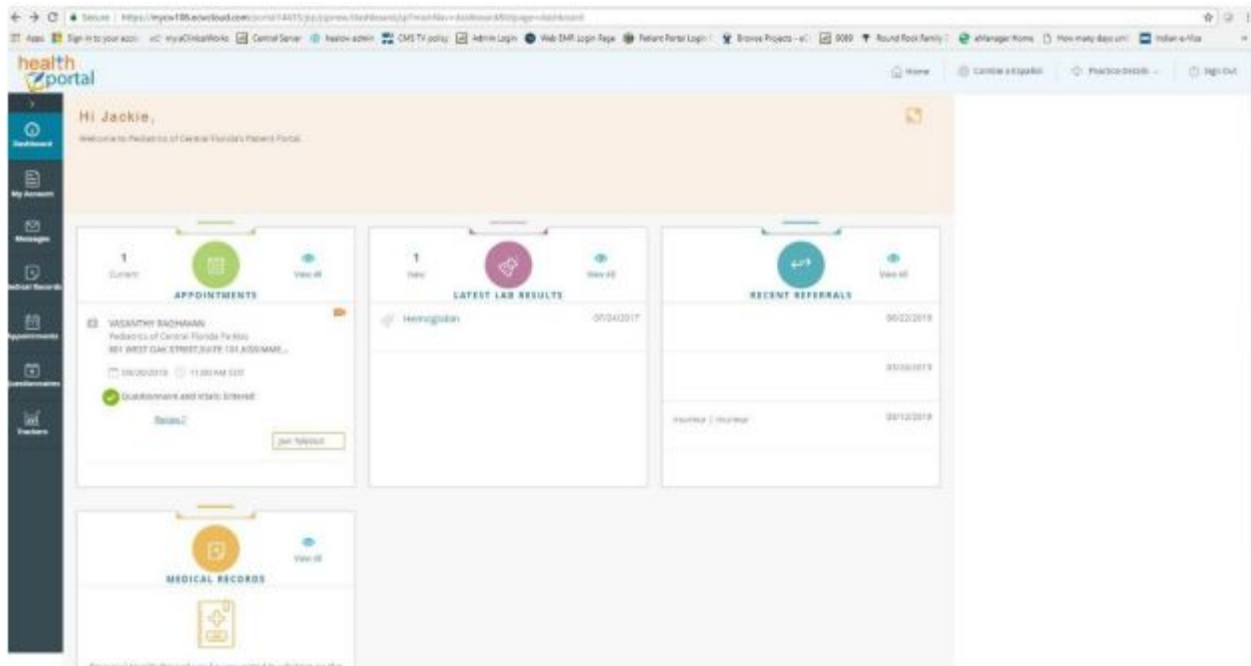
- Google Chrome or Mozilla Firefox internet browsers
- If using a desktop – webcam and speakers / microphone

Step 1. You will need to log into the patient portal

<https://health.healow.com/dingmansmedical> with your username and password to start the scheduled TeleVisit appointment;



Step 2. Once you are logged into the patient portal you will see the scheduled TeleVisit in your patient dashboard under appointments;



Step 3. Click on Join TeleVisit to start the appointment - you will be prompted to answer a questionnaire. Click Submit Questionnaire after completing it.

The screenshot shows a web browser window with a URL starting with 'https://myor10k.easycarecloud.com'. The page title is 'Dashboard' and it includes navigation links for 'Home TeleVisit (MAMATHY MAMATHAM) | 21 Sep 2020', 'Help?', and 'Logout'. Below the navigation bar, there are four status indicators: 'Questionnaire' (checked), 'Vitals', 'Compatibility Check', and 'Join the TeleVisit Appointment'. A note states: 'Please note: TeleVisits only work on Google Chrome and Firefox browsers and desktop apps.' The main content area contains the following sections:

- TeleVisit Consent:** A text box containing the text: 'I agree to participate in a TeleVisit consultation and to pay starting from \$35 per visit. Yes - to continue to one provider No - provider will not join the TeleVisit'
- Reason for visit:** A text box containing 'I have headache today'
- Today Symptoms:** A text box containing 'bad headache'
- Do you have any allergies?:** A text box containing 'Yes - seafood'
- Current Medications List:** A text box containing 'Nothing as of now'

At the bottom of the form, there is an orange 'Submit Questionnaire' button and a grey 'Skip' button.

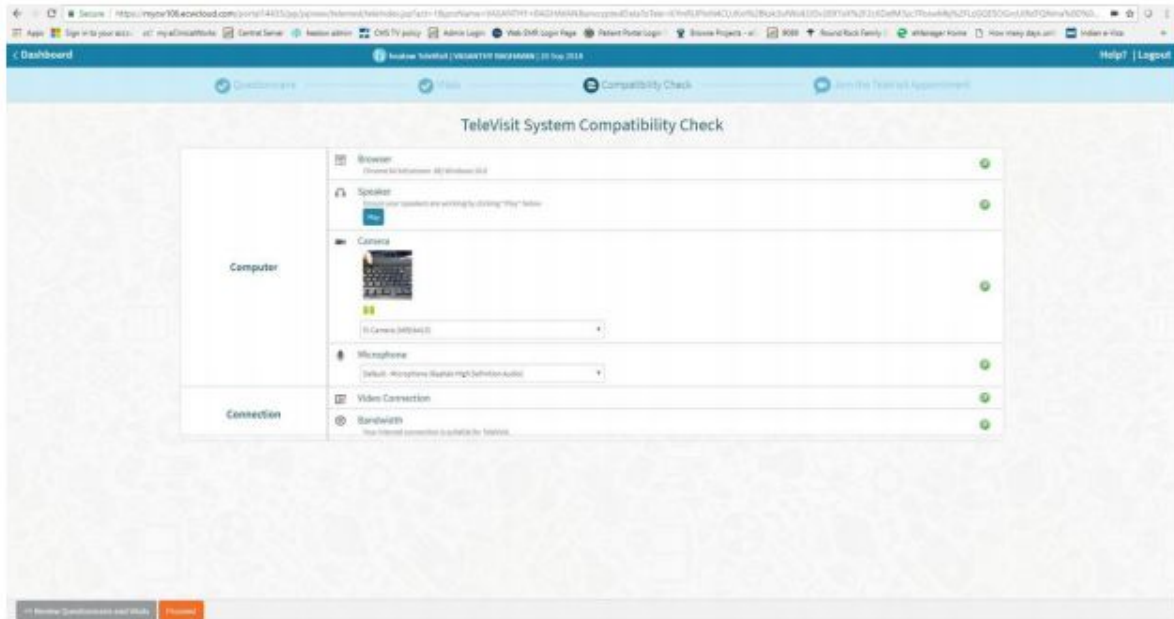
Step 4. Next, you will be prompted to enter your vitals. Then, click Submit Vitals.

The screenshot shows the same web browser window as in Step 3. The 'Questionnaire' status indicator is now checked, and the 'Vitals' indicator is highlighted with a blue circle. The 'Join the TeleVisit Appointment' button is now disabled. The vitals entry form contains the following fields:

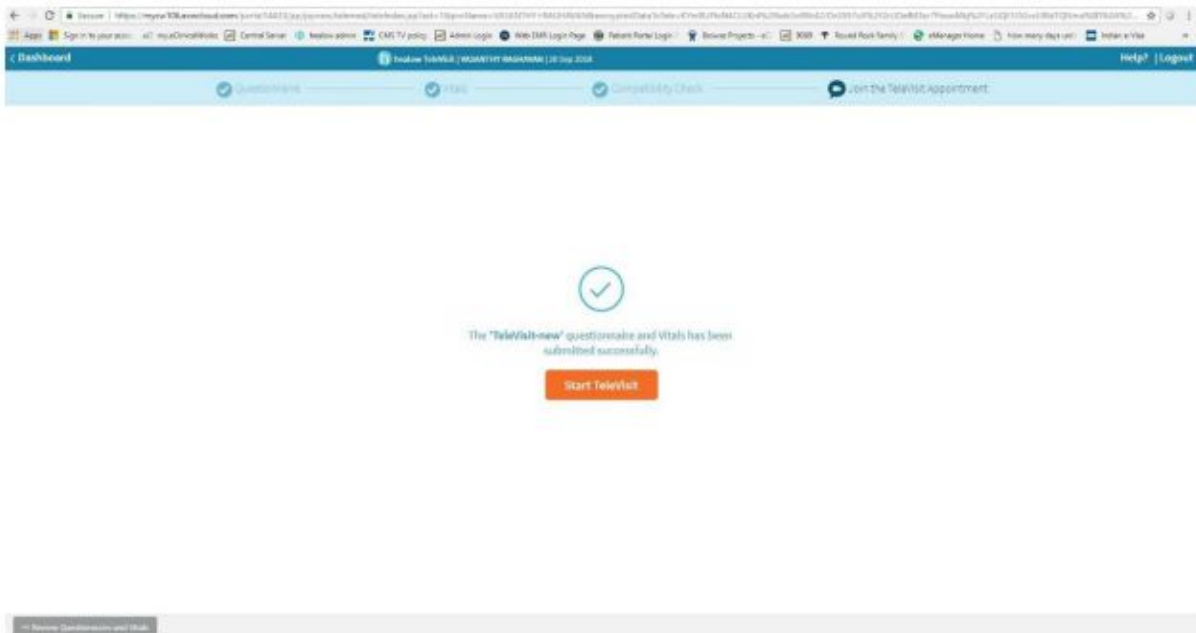
- Height:** Two input boxes, the first containing '5' and the second containing '3', with the unit 'inches' to the right.
- Weight:** An input box containing '155' with the unit 'pounds' to the right.
- Blood Pressure:** Two input boxes, the first containing '115' and the second containing '65', with a unit 'mmHg' to the right.
- Temperature:** An input box containing '98.6' with a unit 'F' to the right.
- Respiratory Rate:** An input box containing '16' with the unit 'breaths per minute' to the right.
- Pulse Rate:** An input box containing '68' with the unit 'beats per minute' to the right.

At the bottom of the form, there is an orange 'Submit Vitals' button and a grey 'Skip' button.

Step 5. Once you enter in your vitals, a software compatibility check will be run to ensure that the webcam and audio functions on your tablet / computer will work for TeleVisit appointment;



Step 6. Once this has been completed you will just need to click on start TeleVisit – this will alert your provider that they can now start the TeleVisit appointment



Step 7. You will then be placed in the waiting room for your provider is ready to start the TeleVisit appointment;

